

SHERUNZ

QUEENSTOWN MOUNTAIN RETREAT

**Move through Mountains with
confidence and support!**

**Whether you're a first-time
back country adventurer,
looking for a new challenge, or
just love the big open mountain
landscapes, then join us in a
welcoming, non-competitive
environment, where you will be
surrounded by like-minded
women and guided by
experienced leaders.**

1 Skippers Canyon
Jet Boat



2 3 x back country
runs / hikes



3 Queenstown
Skyline Gondola



4 Private High
Country Mountain
Lodge



Whats included?

- 4wd trip Queenstown to Skippers Canyon
- 45min Jetboat ride with Skippers Canyon jetboat
- 2 nights accommodation in on a high country station
- Linen (sheets, duvet, towel)
- Bathrooms with hot showers
- 3 days access to a private high country station
- Return bag transfer to / from Queenstown
- Experienced guiding
- All meals included
- Group camaraderie & support
- River swims
- Mountain wellness experiences
- 6 week training plan

DAY ONE:

- Pick up Queenstown, Transport into Shotover Canyon
- Jet boat ride on the Shotover river, to run / hike start
- 15.5km / 600m elevation, run / hike. A stunning journey along the river, through rugged landscapes and into the heart of the back country
- Lunch & dinner provided
- Accommodation in a private chalet



DAY TWO:

- 11km / 400m elevation, run / hike through stunning bush trails
- River swims
- Wellness & learning session
- Relaxation & activities
- Breakfast, lunch & dinner provided
- Accommodation in a private chalet



DAY THREE:

- 14km / 1000m elevation, run / hike a nice sustained track to a stunning view point saddle high above Queenstown
- Additional option to summit Ben Lomond (weather permitting)
- Farewell lunch & coffee at Skyline gondola
- Gondola ride back into Queenstown
- Breakfast & lunch provided

JOIN NOW

WEBSITE:

www.sherunz.org

Date:

5 – 7 December 2025

NZD \$999*

*terms & conditions apply

**If your keen to join us,
send an email and
we'll be in touch!**

EMAIL:

info@sherunz.org

